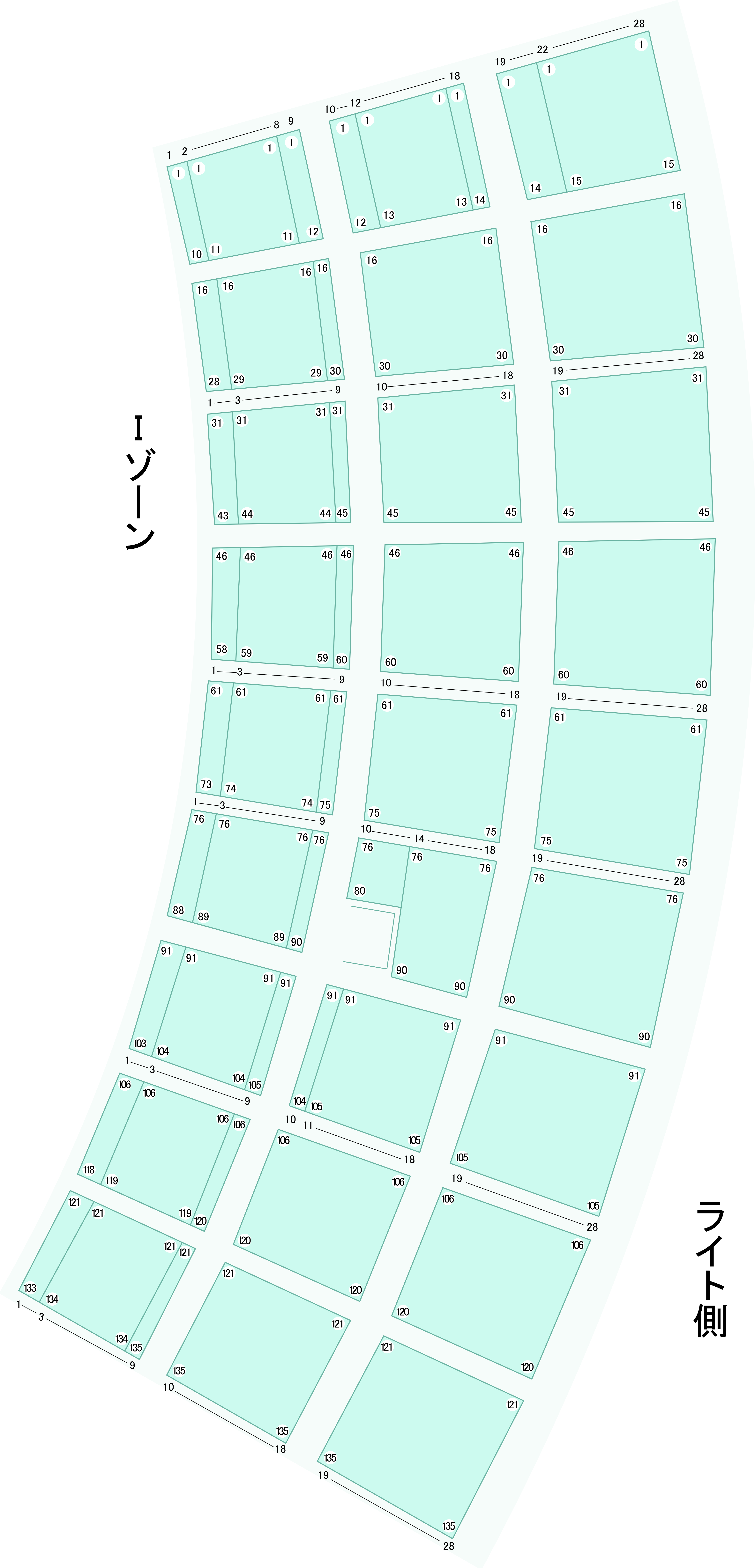Iゾーン